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## training

### **HLTAID009 Provide cardiopulmonary resuscitation**

### **Knowledge Quiz**

## Introduction

This Assessment Package outlines the requirements for the assessment of the unit of competency HLTAID009 Provide cardiopulmonary resuscitation.

### HLTAID009 Provide cardiopulmonary resuscitation

1. Respond in an emergency situation
2. Apply appropriate first aid procedures
3. Communicate details of the incident

### Unit Information

The unit of competency being assessed is HLTAID009 Provide cardiopulmonary resuscitation. The unit can be accessed at training.gov.au at the following link:

HLTAID009 - <http://training.gov.au/Training/Details/HLTAID009>

### Pre-requisites

Nil

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The unit of competency has no pre-requisites units.

## Assessment Overview

The unit of competency will be assessed using assessment methods including a knowledge assessment and a practical observation assessment. This allows for the discrete assessment of specific knowledge and the assessment of knowledge integrated with skills during practical assessment activities performing first aid.

There are two assessments activities for the assessment of HLTAID009 Provide cardiopulmonary resuscitation, these are:

Number	Method	Description
1	Theory Exam	You must provide a written or verbal response to multiple choice questions which address the knowledge requirement of providing first aid. You must answer all questions correctly.
2	Practical Assessment	The candidate must complete 12 First Aid emergency simulated scenarios.

**Please note:** You must demonstrate a satisfactory result in all assessment activities in order to be assessed as competent in the unit. Final assessment results are to be recorded on the Assessment Summary Report.

## Resource requirements

The following facilities and resources are to be available for the assessment of HLTAID009 Provide cardiopulmonary resuscitation:

- adult and infant resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures
- first aid equipment including
- an AED training device
- first aid care reference and access to ARC Guidelines
- Printed assessment recording tools
- Printed Candidate Instructions (separate document).

## **Candidate Instructions - Knowledge Test - 1**

### **The assessment task**

This task requires you to complete a written or verbal response knowledge assessment involving multiple choice questions. The questions within this assessment relate directly to the integrated knowledge contained within the units of competency and are fundamental to your ability to perform first aid.

The assessment is conducted over 1 hour period in a classroom setting directly supervised by the assessor or online. You will not have access to reference material. This is a closed book assessment. The classroom should be set up in order to prevent candidates from discussing questions or viewing each other's responses. You must answer all questions correctly in order to satisfactorily complete this assessment.

### **Reasonable adjustment**

You may provide verbal responses to questions as a method of reasonable adjustment where this is required according to your needs. The assessment seeks to assess your knowledge of applying first aid.

### **Assessment procedure**

You will be provided a briefing on the assessment and be provided 5 minutes to review the question and seeking clarification on the conduct of the assessment. This is an opportunity for you to seek clarification about the conduct of assessment and the wording of questions contained within the assessment. Questions should be responded to the entire group in order to ensure all participants have a shared understanding of the assessment requirement. You are to be requested not to talk and direct any questions to the assessor. During the assessment the assessor is to monitor candidates to ensure the integrity of the assessment and respond to questions. When a candidate has completed the assessment, they are to leave the area and pass their completed assessment paper to the assessor. All candidates are to be monitored until the completion of the assessment or the allocated time has lapsed (one hour).

Following the assessment, each candidate's responses are to be assessed and marked as appropriate. Candidates who have provided incorrect responses are to be engaged in a one on one discussion to verbally moderate the student's knowledge. The assessor must have confidence that the candidate holds the required knowledge. The assessor should record their observations about the student's demonstrated knowledge and must retain the completed written assessment as evidence of the completed assessment activity.

### **The context of assessment**

The assessment is to be conducted in a classroom setting.

### **Resource Requirements**

To complete this assessment task the following resources are required:

- Printed Candidate Response - Knowledge Test - 1 per student
- Suitable classroom or open area is suitable to the conduct of assessment.
- Each student requires a black pen to record their responses.
- Printed Assessor Guide (model answers) - Knowledge Test- 1.
- Analogue wall clock.
- Whiteboard or blackboard with markers.

### **Limitations**

The following limitations apply:

- You have 1 hour to complete the assessment.
- The assessment is to be completed without access to references.
- Your responses are to be recorded in writing or may be provided verbally.

## First Aid Knowledge Quiz

Please select the most correct answer on the following questions:

- 1. What do the letters DRSABCD stand for in first aid?**
  - a. Danger, Response, Send for help, Airway, Breathing, Circulation, Defibrillation
  - b. Danger, Receive, Send for help, Airway, Breathing, Start CPR, Defibrillation
  - c. Danger, Rectify, Send for help, Airway, Breathing, Start CPR, Defibrillation
  - d. Danger, Response, Send for help, Airway, Breathing, Start CPR, Defibrillation
  
- 2. Prior to giving any assistance the first aider must obtain the casualty's what?**
  - a. Name and Address
  - b. Consent
  - c. Telephone number
  - d. Age and date of birth
  
- 3. When performing CPR what is the depth of each compression?**
  - a. As deep as you can go.
  - b. one third the depth of the chest
  - c. half the depth of the chest
  - d. not too deep or you might crack the ribs
  
- 4. To minimise the risk of cross infection the first aider should?**
  - a. Put gloves on the casualty.
  - b. Use a barrier e.g. gloves mask and goggles
  - c. Clean the wound with water
  - d. All of the above
  
- 5. What are the emergency numbers in Australia??**
  - a. 911 and 001
  - b. 000 and 112
  - c. 111 and 999
  - d. 112 911
  
- 6. List 4 details you will need to give to the emergency telephone operator?**
  - a. Casualty's name, date of birth, location of incident.
  - b. Your name, telephone number, location of incident, how many people injured/ill and conditions if known.
  - c. Location of incident, your date of birth, casualty's name, casualty's date of birth
  - d. None of the above

**7. Name the four steps involved in the chain of survival in order?**

- a. Early CPR, Early Access, Early CPR, Early Defibrillation, Early advanced life-support
- b. Early access, Early CPR, Early Defibrillation, Early Advanced life support
- c. Early Defibrillation, Early access, Early CPR, Early Advanced life support.
- d. None of the above.

**8. How do you manage a casualty's airway and make sure it stays clear?**

- a. Use the head tilt chin lift technique to check the persons airway.
- b. Gently open the mouth to check for any obstructions and remove any material with your fingers.
- c. Move the person into the recovery position and allow any vomit or fluid to drain from the mouth.
- d. All of the above.

**9. What is the best way to check the casualty's breathing?**

- a. Stand back and see if you can see breathing from afar.
- b. Look and feel for chest movement for 10 seconds
- c. Check the casualty is breathing by positioning yourself so that you can hear and feel if air is escaping from the nose and mouth.
- d. Both B and C

**10. When managing an unconscious breathing casualty what position must they be placed in?**

- a. Left flat on the back.
- b. Sat upright
- c. Recovery position supporting the head and neck.
- d. None of the above

**11. Once you commence CPR you should only stop when?**

- a. You are fatigued.
- b. You are relieved by another.
- c. If your life is in danger.
- d. All of the above.

**12. In a drowning situation your immediate actions after the person is out of the water is to?**

- a. Run to get help as the person needs to get to hospital.
- b. Just start CPR.
- c. Remove any water or debris if present and then apply DRSABCD protocol.
- d. None of the above.

**13. The steps of operating an automated external defibrillator (AED) are?**

- a. Turn the unit on where safe, listen to the prompts, stand clear and press flashing shock button when instructed.
- b. Turn on whilst in the rain and follow prompts whilst touching casualty.
- c. Turn on and just stand clear.
- d. None of the above

**14. When a casualty is unconscious is consent required to provide first aid?**

- a. Yes
- b. No

**15. How do you give an accurate and effective verbal report?**

- a. Provide clear information just stick to the facts.
- b. Stay calm and answer any questions from emergency services.
- c. If you know how to use correct technical terms to report the casualty's condition to describe their injuries.
- d. All of the above

**16. After an incident you could seek feedback from which of the following sources?**

- a. Workplace Manager
- b. Emergency services
- c. Work Health and Safety committee
- d. All of the above

**17. First aiders could experience signs of stress during and after the event, common signs of stress can include?**

- a. Emotional outbursts
- b. Fatigue lack of sleep, nightmares flashbacks
- c. Anxiety
- d. All of the above

**18. How many hands do you use to compress the chest with an adult?**

- a. Two
- b. One
- c. Two fingers
- d. None of the above



**19. What are the benefits of debriefing?**

- a. Debriefing is a chance to talk to your supervisor, colleagues or a counsellor about any problems you had during the incident.
- b. You can also learn from the experience by evaluating your abilities and reactions and get some training if needed.
- c. In the workplace your organisation can use your feedback to improve emergency response and CPR procedures.
- d. All of the above.

**20. In most states and territories it is advised that a designated first aider renew their CPR competency every?**

- a. Every 3 years
- b. Every 12 months/1year
- c. Every 2 years
- d. None of the above

**End**

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